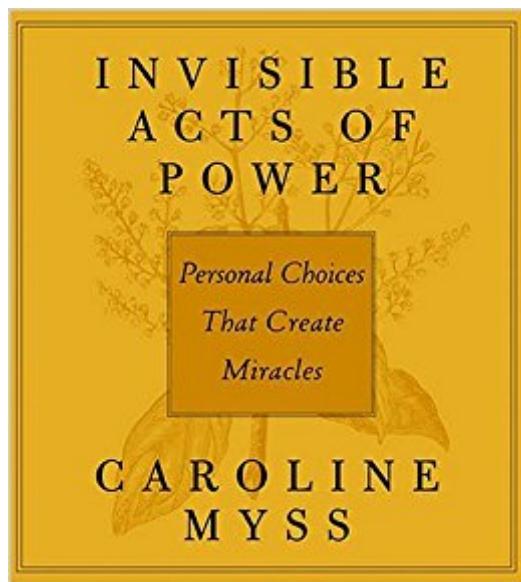


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# Invisible Acts Of Power: Personal Choices That Create Miracles



## Synopsis

Bestselling author Caroline Myss was pondering her next body of work when she witnessed a spontaneous act of generosity. A young man, tattooed and pierced, ran to help an older woman with a bundle of packages at the risk of missing his oncoming bus. That act, coupled with her own experience of receiving a helping hand just when she needed it, got Caroline thinking: What are the long-range consequences that result from even the smallest favors offered to others? What really takes place in the energetic field of life when someone responds to someone else in need? On *Invisible Acts of Power*, this four-time New York Times bestselling author employs her experience as a renowned medical intuitive to answer these questions, explaining why being of service to another person is not an option—it is a biological necessity. *Invisible Acts of Power* invites you to learn more about: The seven gifts of generosity and your chakras—how giving to others balances your vital energy system and sustains optimum health. Chance meetings: coincidence or synchronicity? How to recognize the Sacred Contracts that they hold, and translate the messages they bring you. The electricity of grace—where your currents of prana (life force) intersect Divine intention, and affect every choice you make. As we move from visible acts, such as caring for a friend, to invisible acts, such as prayer and healing, we act divinely, without desire for credit or reward. Using her own stories and those drawn from her thousands of readers and listeners worldwide, Caroline Myss chronicles the many ways you can create small yet profound miracles, gain a greater sense of spirituality, and transform your life and others' lives in an instant. An original adaptation of the author's book by the same title.

## Book Information

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## Customer Reviews

Bestselling author Myss (Sacred Contracts; Anatomy of the Spirit) began preparing for this book with two small acts of kindness involving simple assistance with literal baggage. They inspired her to muse, "What really takes place when you respond to someone in need?... the action itself, the lifting of a heavy piece of luggage... may be small. But the energy that is channeled through that action is the high-voltage current of grace." The multiplied strength of the aid she received prompted her to explore stories of like kind. Soliciting through her e-newsletter and Web site, she received over 1,200 responses in six days from people all over the world who had either given or provided some form of grace or assistance. After a cogent introduction, Myss organizes these stories around the "seven classic stages of spiritual development," expressed in the body's seven chakras or energy centers. She devotes chapters to gifts of the earth; financial and creative support; self-esteem; the heart; choice; wisdom; and the Spirit. Chapters conclude with questions to aid life assessment and prayers. The multicultural references throughout strengthen this universal, timely message that can be enjoyed and utilized by people everywhere. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to an out of print or unavailable edition of this title.

"Invisible Acts of Power is a wonderful account of the chakras (or energy centers) in the human bodymind and their special role in spiritual grace, gifts, and empowerment. A magical and moving handbook of your own deepest and divine powers." -- Ken Wilber, author of *A Brief History of Everything*"A brilliant, tender testament to the grace that comes from being a conduit for compassion and the divine." -- Judith Orloff, M.D., author of *Positive Energy* and *Intuitive Healing*  
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Caroline's books are always well organized and lovely to read. While there is a great deal of information, the many examples and her explanations make it easy to understand. I consider her books a "roadmap" for thinking about our spiritual presence on this earth.

Absolutely excellent book describing living a loving and giving life in all its aspects. This book connects the actions to the energy in our bodies, and the place where the energy lives. Different places in the body give different kinds of thinking. With different kinds of thinking, we do different actions. It's like a whole book explaining to us how to live the life that our preachers have been telling us about for years.Early Flying Woman

if you are an avid fan of spiritual text, this will disappoint. however, it is a nice clear reminder of the ways in which we can choose to live, to create a more intimate life. i enjoyed the book as light reading.

I'm a big fan of Carolyn Myss. This book changed my life and I really enjoyed reading it. Everything you say or do has significance beyond measure and this book proves it.

This work contains truly inspiring stories from everyday individuals whose lives were changed by the Grace they found in both the everyday and extraordinary events of life. This book will open your heart to the experiences of Divine love and grace that not only surrounds all of us but is available all of the time when we allow a shift in our awareness to take us there.

Caroline Myss is an excellent author. Love all her books. This one changed my mind on so many things. Thank you

I liked it.

If you are seeking a greater awareness of human interactions, this is an excellent vehicle of understanding. It is a smooth read with relatable examples and personal experiences that provides the exchange of knowledge and understanding of our place in creation. If you counsel, this is a dynamic read ...

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